



The Nova Integration Hub is a new web-based forum that will empower a transdisciplinary community to share **new ideas and ways of thinking**, put **research findings** into practice and policy, and spark **creativity, collaboration**, and **solutions** for health and well-being.

Nova Integration Hub

Imagine a place where inquisitive thinkers from across the globe, from many different disciplines and backgrounds, can discuss their passion projects without judgment or competition. Imagine an online community sharing the latest ideas about health and flourishing, as well as solutions to the serious threats facing people, places, and our planet today. Imagine an expertly curated resource library with the best evidence, research, publications, and presentations to help people “connect the dots” and examine *the entire lived experience*.

This is a place where participants interact through vibrant online conferences, discussion groups, and workshops—and find enriching activities to nurture the body and the soul. Working side-by-side with scientists, creative artists and community advocates share their work in a collaborative environment, and the voices of youth are heard and mentored.

Our Vision

We are working with inVIVO Planetary Health and coordinating with partners such as Cochrane to create a dynamic, supportive, and ongoing platform that focuses on solutions for users from all disciplines. Our goals for the Integration Hub are to:

- Lift up and support a transdisciplinary, online “community of change” that can explore new ideas and ways of thinking about health and put research findings into practice and policy.
- Be a “fire-starter,” a place where researchers, creatives, advocates, community leaders, clinicians, educators, policymakers, and experts in diverse fields can gather and collaborate to connect the dots among the many factors that influence health.
- Provide a welcoming sanctuary to spark creativity, collaboration, and solutions for health and well-being—a place for belonging.
- Become an incubator for ideas, research, connection, and action.

We see the Integration Hub as a hive of activity with avenues to:

- Facilitate the transdisciplinary exchange and critique of ideas, early-to-late-stage research, emerging findings, resources, and community forums—all with real-world impact.
- Raise awareness of the many different factors that affect health, and inspire new ways of thinking about what it means to thrive and flourish.
- Evaluate, publish, and disseminate dynamic, high-quality, evidence-informed content.
- Amplify solutions to improve the health of people, places, and the planet.
- Engage and support early-career researchers, students, and clinicians.

The Integration Hub will include an *interactive space*, where participants engage in dialogue through user-generated content and interactive blog posts, Q&A sessions, chat boards, community forums, perspectives from influencers—as well as online events, workshops, trainings, and mentoring opportunities.

It will also host a highly valuable *knowledge space*, with a continuously updated resource library curated by experts in their fields that includes evidence, video presentations, podcasts, research articles, and more.

The Integration Hub will also provide a unique *activity space* with nourishing experiential and creative activities and invitations to share art and music, connect with nature, enjoy guided meditations and contemplations, and more.

A Wide Audience

Who will join us in the Integration Hub? We see a space for anyone trying to make a difference in the world, including a broad cross-section of researchers (including early-career and international), creatives, educators, clinicians, policymakers, advocates and community organizers, journalists, and young people. Every contributor will see how their work “fits in,” no matter what their field of expertise or interest.

Help Us Create the Integration Hub

To advance health and well-being for people, places, and the planet, we must work across disciplines, engage stakeholders, and build cultural change. But, unfortunately, many thought leaders and researchers work in silos and seek discoveries in competitive, isolated environments with limited opportunities for collaboration. This is why we need the Integration Hub.

To make the Integration Hub a truly collaborative endeavor, we welcome ideas, content contributors, “beta-testers,” and partners willing to share tools, activities, and creations. We also welcome resources to help us build and launch the Integration Hub by Fall 2022.

To learn more, please contact Dawn Stoltzfus at the Nova Institute for Health (dawn@novainstituteforhealth.org) or Susan Prescott (susan.prescott@telethonkids.org.au) or Alan Logan (alanxlogan@gmail.com) with inVIVO Planetary Health.

The Nova Institute for Health is a heart-centered think tank that takes action for the good of people, places, and the planet. Our mission is to catalyze new ideas in health, understand the complex network of factors that influence health, and promote the well-being of individuals, communities, and the planet. A 501(c)(3) non-profit organization, the Nova Institute was founded in 2007 by Professor Brian Berman, MD, a pioneer in the field of integrative medicine. Cultivating a broad, transdisciplinary community of thought leaders and partners, the Nova Institute has established an international reputation as a place for exploration and discovery. www.novainstituteforhealth.org