A BRIGHT FUTURE

“We’re in a crucial point of time now, both with what the Nova Institute is doing and what is happening regarding health around the world. Nova has a unique place in that, to act as a catalyst to have a national and global conversation about what we mean by health and the factors that promote or block health. I’m excited about the work ahead.”

— Dr. Brian Berman

After 15 years of remarkable progress, we continue to learn and evolve.

As we expand and diversify our Scholars and Fellows program, we will ensure this transdisciplinary community of thought leaders has fresh resources and perspectives to explore critical questions and generate new ideas about how we promote health. To increase science-based media coverage that reflects a fuller vision of health, we are also adding Media Fellows to the program.

We are also growing a global network to transform personal and planetary health by sharing evidence, advocacy, inspiration, and a deeper understanding of how all systems are interdependent. To provide a home for this network and others, we’re building the Nova Integration Hub to empower an online community of inquisitive thinkers and changemakers. Through this new web-based platform, people from many different disciplines and backgrounds will be able to discuss passion projects, find connection, and share the latest ideas about health and flourishing as well as solutions to the serious threats we face today.

We will continue to engage policymakers and national organizations like the NIH to embrace a broader view of health—not just disease detection and treatment. For example, Nova Institute leadership has weighed in on early stages of the new federal proposal to create a new Advanced Research Projects Agency for Health (ARPA-H) that would accelerate new approaches to reimagine healthcare and medicine.

And, we are working to ensure our on-the-ground demonstration projects do just that—demonstrate what can (and cannot) be achieved as we experiment with new models and approaches to improve well-being. With these replicable projects, communities and service organizations across the country can benefit from our models, research, and results. One recent area of early success is a new program developed during the COVID-19 pandemic to reduce stress in primary care providers and their patients, which we plan to replicate in other health care environments, including in critical care settings.

And in this new world, where we have learned so much about the importance and power of connection through many different means, we will continue to provide transformative experiences, including forums, retreats, and convenings, to generate new starbursts of inspiration and connection.